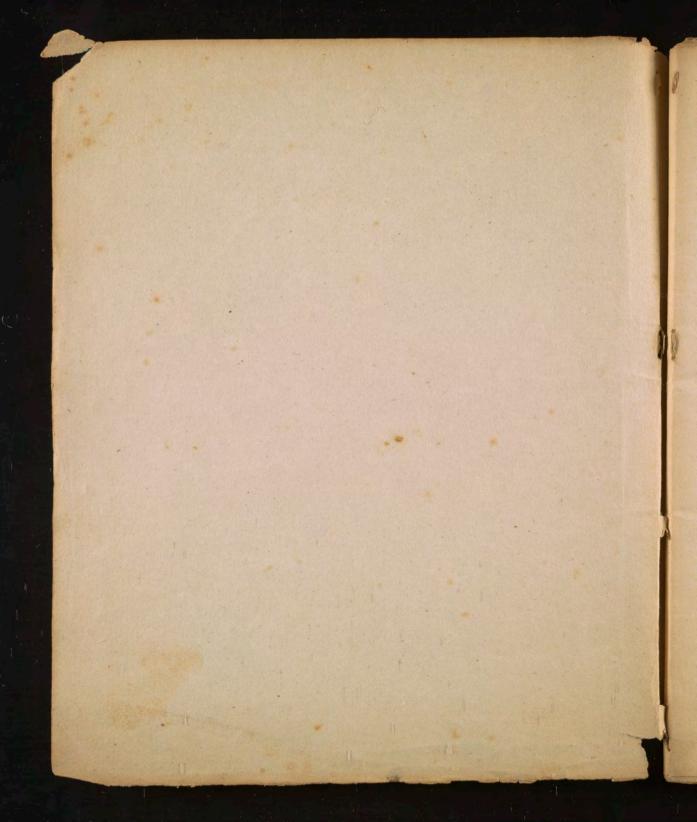
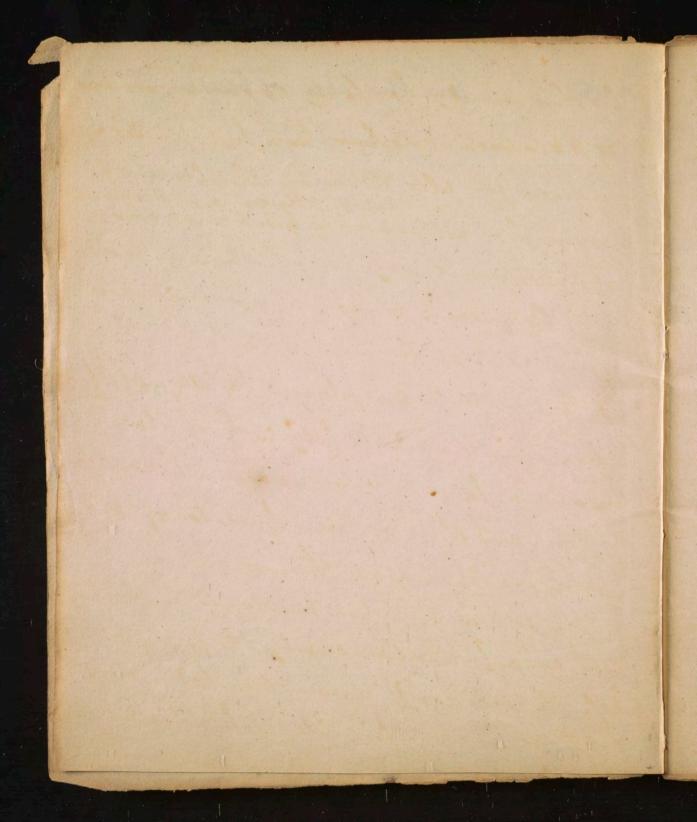
Yi2 on the Care of fiver.



on the live of flower. nos



as this remedy has lately existed to good deal of atreations , and lower bustituted in a degree for all others in the Core of s frist deligner on autunt of the different ways in which it is resed, and Aftowards make a few remarks upon each of them. I Cold water is employed by way of Of-- fusion. The naked body is first placed up in a large treb, or upon a hearthy or floor, and three or four brushets of cold water are dashed, or thrown over it. The cold water when employed in this way acts as a thinwelant & by the force with which it descends upon the body, and 2 no an indirect flowerland by the reaction

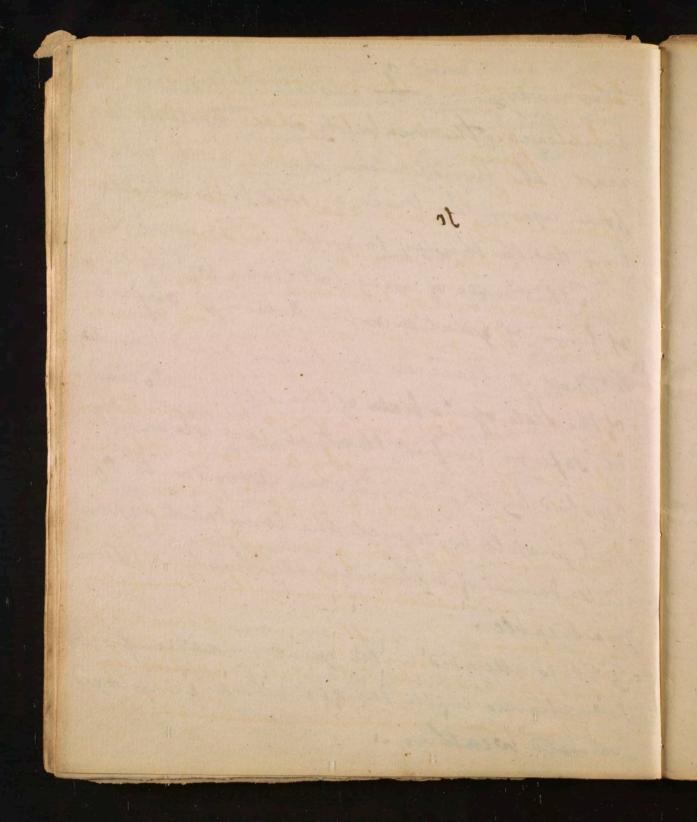
V The Jame thing is needpary when blisters are applied . -

of the Lystern after its waters Operation. a new, or healthy aution is thus indued in the blood refer , and the fiver thereby april or to ensure this new I healthy action a Luxup tilistity to the action of the water De Jackson says very justly Thouto be priviously treated by means of bluding purging or emetico. I will add fruther to ensure even its fafety, those depleting remedies are absolutety newpary. They thould be occasionally repeated, hast the hosephi bility of the hystern thould be eshausted by motracted application of the cold Water . mour the night of the previous teeple. = tion in the yellow fiver of 1793 in this city, the affusion of Cold water did harm, or

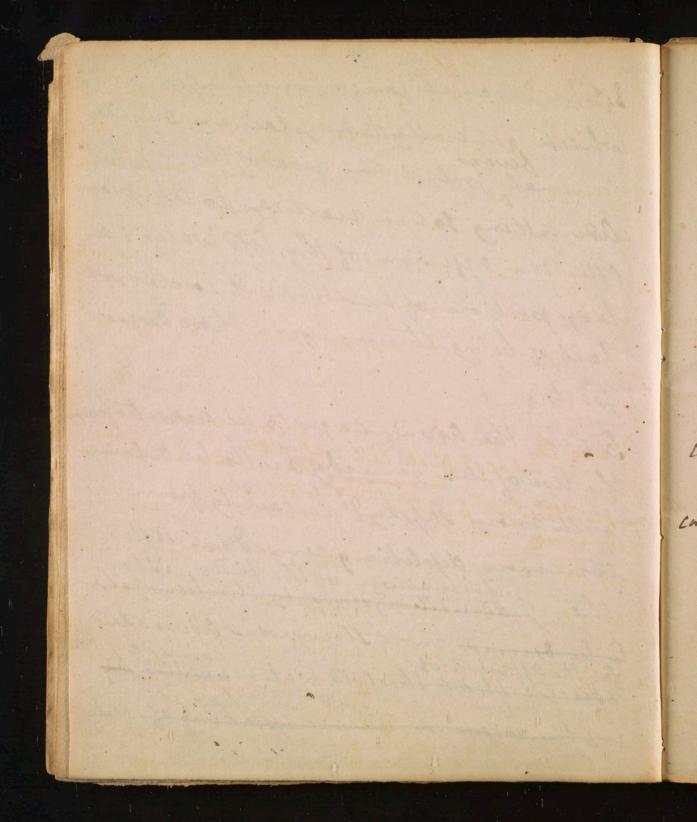
V This inability on the System to seart is founded exposed not only upon its the Suspenfounded exposed to not only upon its the Suspeneriors or Inffrentions of its exact to bility, but your its under tension which will not admit of it. -

part upon to be lif that the cause of four is seated in the capillaries which terminate in the their, and that the remedy acts by removing a yearn of upon these tonal the extremities of those small before.

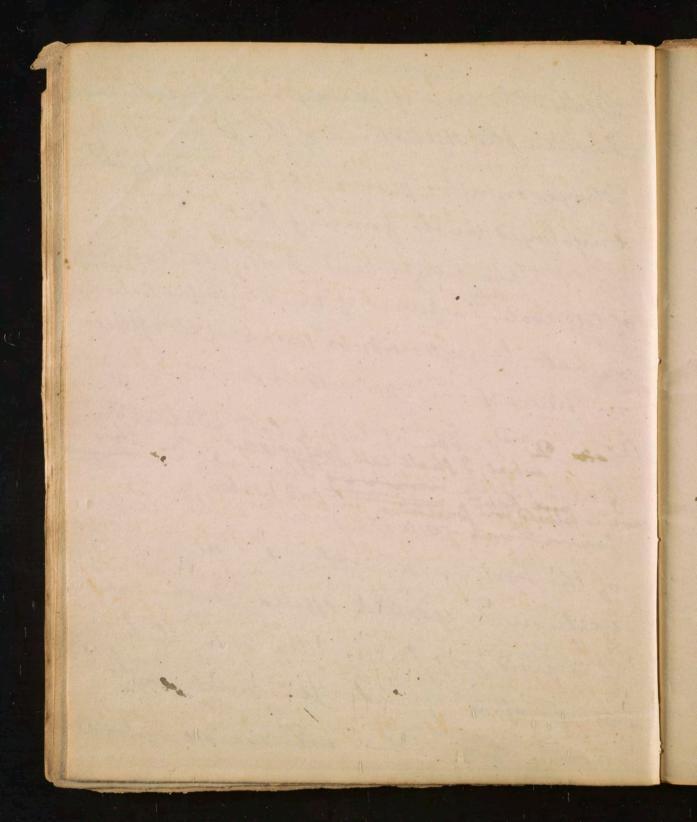
was uselyzin wary Cases in which it was employed. The inability of the hystem to react, the flinds were thrown with great form upon the viscera , and Obstructions and death thereby lovelines indued. To this more of using Cold water for the Cene of fiven of great morbid action of object 2 That it regneres wish an exact knowledge of the State of the System to render it safe or uniful, that it can retorm be applied by the Common attendents of dich people without the constant Super. - intendance of a physician which is seldon prairieable. 3 It is attended with great uneasinefs, & Jonnetimes with Danger when employed in Cold weather.



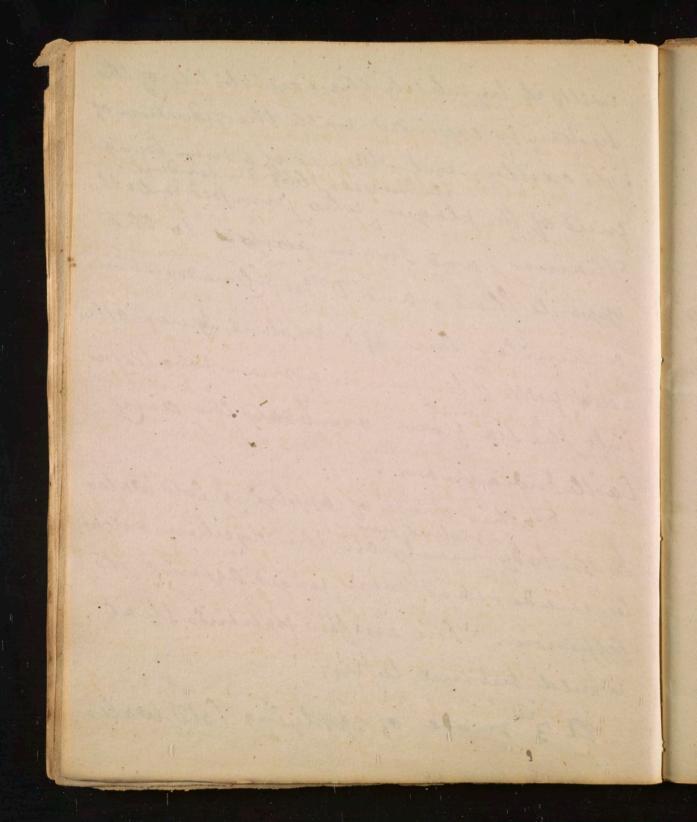
It The Viscout Congestions Vinflammations which generally take place in our au. turnal probil the lise of this ringy. admitting some reaction to take place after the appresion of the Cold water, a large postion of excitement could not fail of being thrown upon those discused parts. 5 all the advantages to be experted from the Use of this runedy are to be obtained with more dapety & certainty from the the Jamitted formerly the benefits for the apparion of the Cold water applied by in the menner we are thering of, only



lepens the force of parocysms, but does not Shirtin the duration of the fines . It de-- thoys, or suther prevents or fines only when employed in its forming state. of Cold water in fivers of great morbid action. I shall hereafter arris speak of its efficiery in fivers of an Opposite Character. fuer is from formation in formation to prevent the reaction of the hystern and thereby obtain its exclusively redative effects. In this mamur it is used morphale. It is most work in this way when exercise is employed



with it by which the exilability of the System is expended with the reduction of its existement. Weren of a man being in they can 1663 in london the curd of the plague who primped into the Thames i and I warm accopsed to the Opposite Shore, and Dryn Clemementions a himilar live of a violent finer atten - ded with delisiens in a man who leaped into the file from on board the airy to this envise of applying Cold Water to the body wearly all the Objections enight Castle budiarnan. be made, that were unger against its affersion. There are few patients that would submit to it. 2 30 mote of applying Cold water



The body in that Clup of from which is now under over Consideration is by what is called abbition. The water is applied universally or partially by means of a wet Clouth or napkindrey two hours , or more or less frequently anning to Circumstances. Employed in this way it is an excellent duxilliary of the common dipleting of the lepens the heat of the body, reduces the frequency & borce of the pulse, promotes a quittel natural moisture of the Phin, los relives pain , and Often indues fleeps. It is more - over allvays a lafe unety, and requires no additional attendants to apply it. I have employed it for many years both

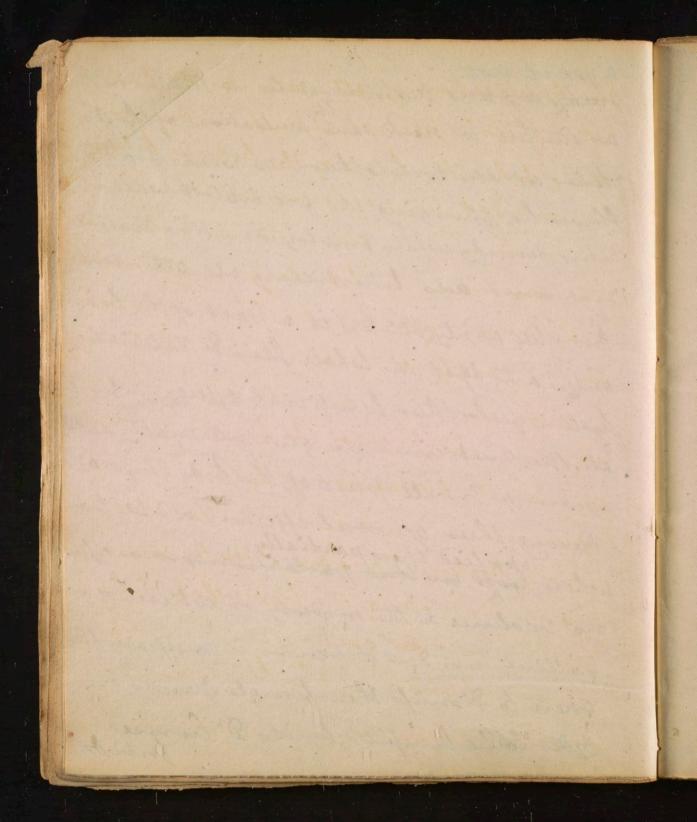
V The water employed in this way thould be at its lowest temperature of will, and be at to it to encrease evenine in may be added to it to encrease its colones.

generally & partially, and long before the Imblication of D. Curies reports in its bavir. I have teldain found the applicution of cold water to the whole hody nicepary in the formers of our Country. all its advantages are to be derived from washing the hunds and but winfining then in it for half an hour; or applying it to the head by means of a bladder, in on by injecting into the bonds in the way of Glysten. The thin - the blood wefsels - and the newes are to any.

a Unit, and lord water applied to the but of them is instantly belt through their whole extent. The this whole thin con. - tracts when cold water is applied to the

Contract the second second second Sotta wa

huby a part amstorned to its action tuch as the fut or nack, and pulsation of the ar. times at the wrists burnes weaker and Hower by plunging the feet into Cold water. This remedy when employed in this partial manner acts like nearly all other seme. dies. We apply blisters to a part of the body only, and that the whole Skin & articul System feels their beneficial effects : In Short all the medicines we give internally act upon a small part of the body in prowhen lived in this partially, no violence to the modesty or chicary of a patient, nor does it vender it necepacy for men to disnif their female humes in order to be benefitted by it. D'anie forbids



the application of low water to the body When there is partial Coldness in any part of it, - when the brut of the body is below its natural temperature, and when it is not permanently about it. He forbids it lihewise when the body is generally, orpar. - hally lovered with hweat. I have not conformed thirty to these rules. On the Continuer I have used it with an active pulse in all the above States of the Lystern. I donot consider the abstraction of heat as the only advantage un Dirire from the application of wald water to the Shin. Has By contrac. - ting the Diameter of the blood refrels, it lipus their envoled & oxistement & Dinimished the lir cral abion of the blood. non Dues any disadvagetage arise from thething

+ This is down with perfect Safety to horses when they are covered with Sweat, but not selwed in this strength by fatigue.

It is warrefo equally safe breached in the inflammentary flate of the arthritic. fiver whether we call it gout, on Rhumatism, and in pureal of the forms of emptive fives, as I shall tay beingter. Town the inverse bypupathy which takes place between the hengs and their it is unsafe and wenturful and their it is unsafe and wenturful in all its his was a surrepaired with

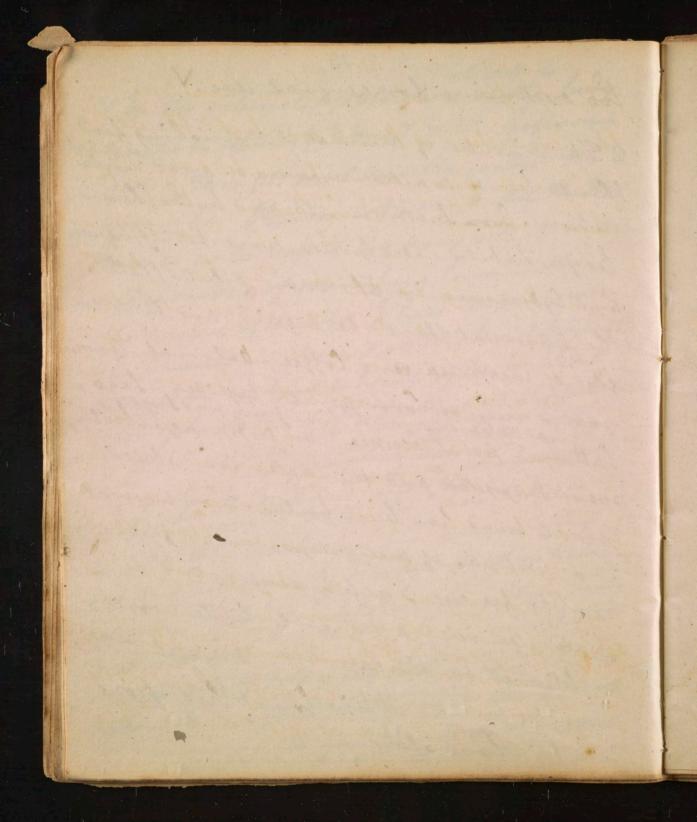
partial or even general hvests lymens of the Cold Water, when they are auom. - paried with great fulness or tension in the blood respels. - how water applied by means of abbition whether governs to the whole, or to a part of the body, is perfulty be generally resiful in the aisturnal fives of our Country after dipleting remedies have been rised. It abstracts heat - apres the Jose of the blood towards the Visera gives it a gentle centrifugal direction. Defuen. - mins has lately introduced the lest of as - dent Spinto to the Skin instead of Cold was ter It acts by the Coldness it induces by its rapid evaporation, but it is byfan

V In the external application of the budy you will please to attend to the following facts. It is felt snort sensibly under the arm frits. Proving Cold water under the Shirt Here so as to pap to the Armpits, is are of the modes of primishing triminals in the new fail of this city of have once known the Circulation Hopping at the Wrists belynups induced by applying a hump of ice to that part of the body. 2 the Sentens. 3 the fut

greater greater before regular for the fut to the form of the first but the first before regular formed, and their body, is

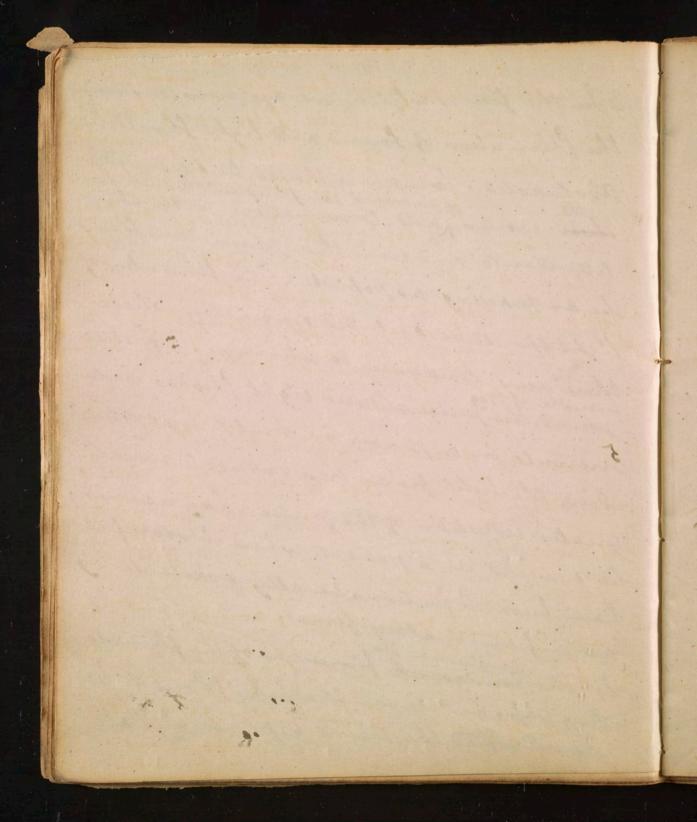
they parts perfore referred with the whole body, is owing to this last having the former lipsed. and the latter nearly Dipolard by their habitual exposure to told air, and washing them faily with lots water. 6th & lastly the head. The in = - sensibility to told of the head is so great as delfour to be affected with cold water above. nguines the aboution of into it to ease

too expensive for general lese. V 2 The String of arrival & nomishing food Thereto be abstracted in fivers of great modes action. has brother, with and butter should be prohibited, also spirits, ivine, benalt liquos and lyder were in the most diluted flate. The aliment thould be liquid, and think consist of weak ten and Coffee - batmeal -anow - root - rice, or lover gruel - tapivea - Sago, madephasant with hime juice and Sugar, the Salloups - potatue - pea - or asparagues broth, wasted apples and the water in which Wheat bread has been boiled. From several Other articles of diet proper in influen-= matory fiven, I refer you to D'Ichusous mini gridet a valuable little work published by the late ma Humphries & now to be had of his fried freupors in his boxhstore.

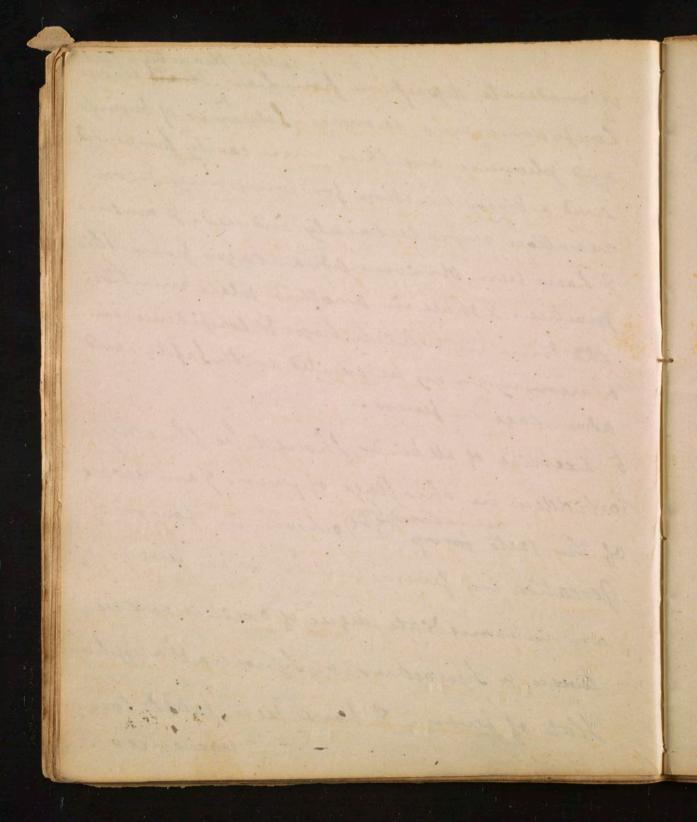


3 he the frees which we are now lousiding the Climales of Sound and light Should be abstracted. Company thould be excluded from attendants and even their physicians should be as thering as popule. The Himseles of light thouse be excluded especially where a there any tendency to delisieum. Defuller, appulte of 1800 pulse reduced eight strokes in a minute in a person in health by exclu-- Ding the light from his room. a much quater reduction of the pulse may reasonably be expected in a patient whose blows repels have become preternaturally excitable by are inflammentary fives.

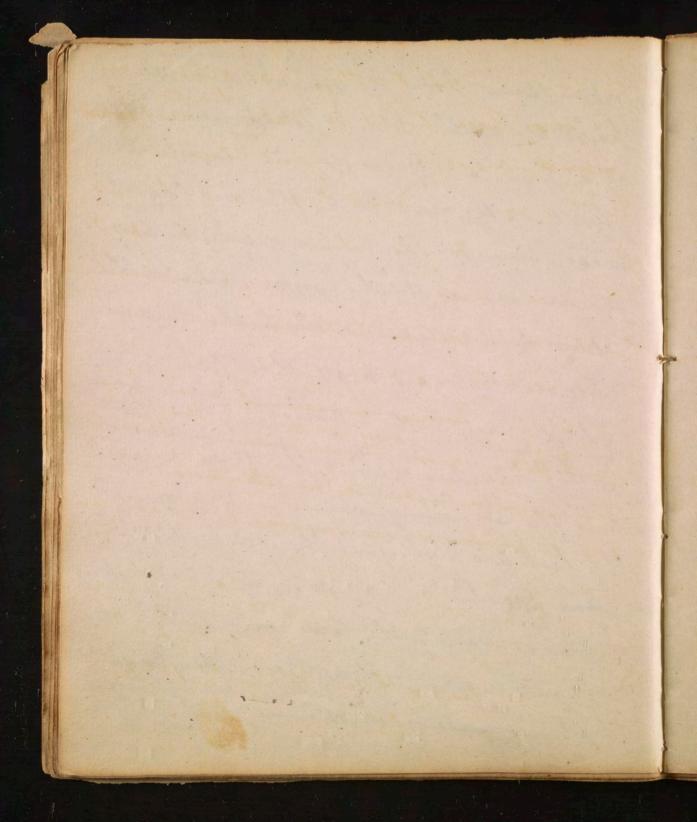
4 The influence of the flimeda. - ting papious upour the body should be leponed, and the wind kept in a state



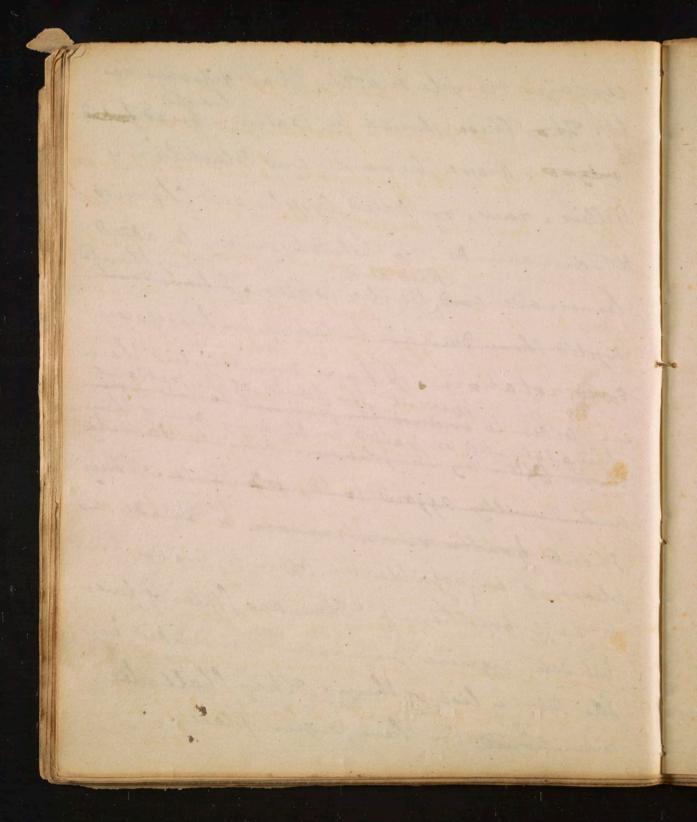
of moderate deprepion from fear; theard under Confidence in a ruovery . Schemes of business and plusine are thus more casily furspended, and a disinchisation for Company, Illon. venation more Certainly indued. I amoure I have seen obvious borantages from this practice. I shall in knother place mention . Itse time in which hope & confidence in a movery may be existed with Safety, and advantage in Jevess. 5 Exercise of all hinds thould be thrietly forbidden in this stage of fiver. Jane aware of the facts formy of Jackson in form of Jestation in fivers, but it is infevers of an intermediate dique of existement be tween a Synochus or Synocha & atyphus Hate of fever. I have seen fatal Con. · sequences



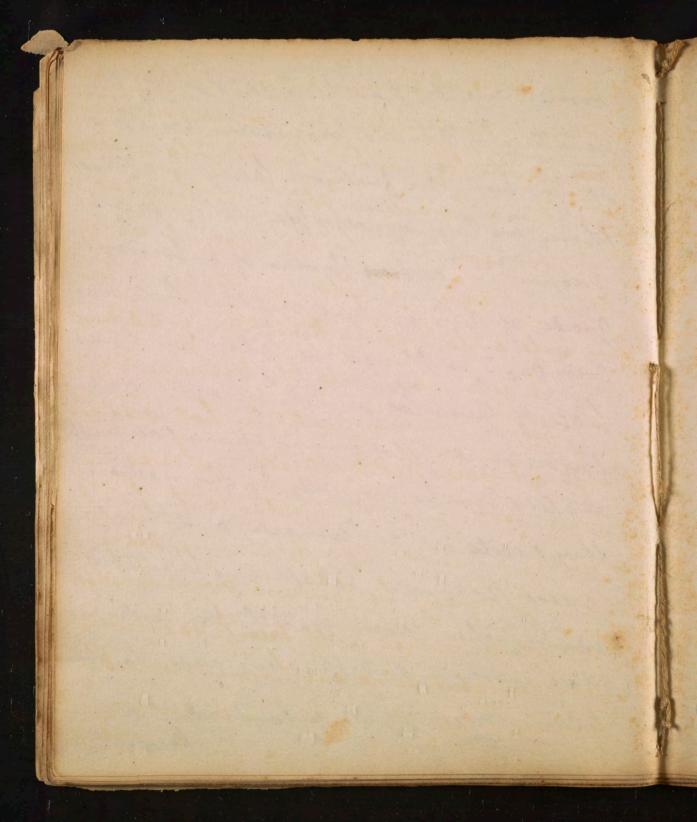
from them both in month the military hospitals of the United flates, I have heard of a similar ifore from it in private practice. Le here gent: the mischief of prescribing for the name of a disease and the danger of thirty Conforming to the horie of physicians of the highest rank without a regard to all those assermentances which vary both a disease & a semedy! 6 The Shimilus of thirst should be allayed, and the arrivory which is often generated by heat and abstinence thould be blunted, and washed out of the System by diluting Vainks. Water is the book basis of this clup of andi cines. It should be ande pleasant in a boiling state by being made into teas for pour upon



certain rimple matters that dispolus in it. They these thoused be Balon, - bread beter and to grape, Grenant - and Blackberry Gellies, raw, or dried apples and Chemies & Tamarinds - to which may be adold Rin and they thought they thought lemonade and Burley water . I have hard : lipted these daishs be taken in hungsion and rotation of have multiplied them in order to indust the patient to late of the patient to him any one of them. I have been been been been which Variety and wouldy afford to the pt teste. They Show for the some granow be made as pleasant as populle in own to induce him to call forthern. There are flates of fever which regnice drinks not included in the above list of them. They Shall be mentioned in this proper place.



were wich has been said of the time. perature of durches propur in fours. It has been the fustrious lately to atvise them to low to potente - They may be moper in acting favors of a loroderate grade of action, - but neither hot, non Cold Drinks Should be taken in that flate of fiver of which we are now forescibing. Hot drinks stimulate directly and Cold Drinks indiretty by the reaction they excite in the Stomach, and three en. = creese the fiver. In apenting that cold Davids when taken into the fromach mo. - there reaction, and thus enercese the fever I am aware that I contrabil a Savorite



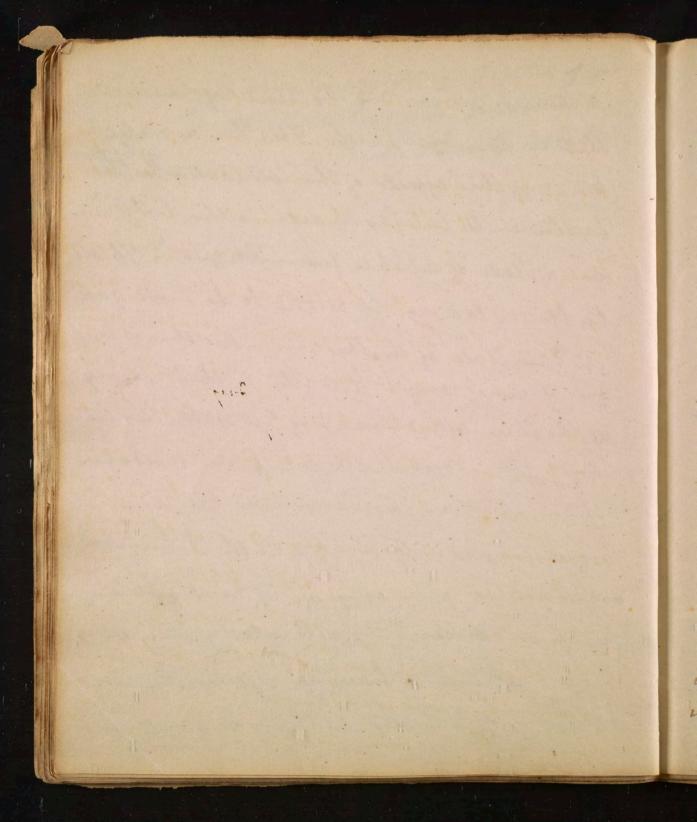
Opinion of & Currie, and that is that cold Water is always take and mocked proper in the Stomach when it is so upon the Phin. James we this not the Case. The Homach and the thin populs very different degrees of lotter Sensibility to Cold as well as to many other things. A Draught of Cold water taken into the Stomach when The body is much heated in hot weather Often indues Medden death, whereas the Jame water may be applied to the hands but and face with perfect fafety. may more, it may be thrown over the whole body while covered with for Iweat from heat without doing any haven provided it be done while the Lystern is vigorous

There is a certain order on both in the aparation of Cold water appoint the hody in Junes. It is wort sedating in theflownach, next upon the Skin - heat in the This to the hands by means of Glysten last, to the her; heper the newpoits of engrancing ice with the water which is applied to the head of V popepes this present fersibility to the action of cold water in a heated State of the body, it is scarely felt by the bowels when injuted into them. If this I have sun many instances in the Colie, Hyellow Juner. It son gives case, and cruites a plea. - Dant Butter than a low finsation . In insensibility, the bowels and the head appear to be upon a par. The Halian physicians

to react. From a want of knowledge or attention to these facts Defusie has ascribed the sudden deaths of the persons mentioned in my inquiries from Inn. - king Cold "water to their taking when in a flate of great debility defatigue in which case it is burtful when it is app; - plied to the Skin. But this not concet. There persons who wire distroyed by dinking were generally flate of high excilement from labor, and their Deaths wurst of lourse be ascribed to the differences a puntian finsi: · bility of the Stowards wholly different from that which exists upon the Impace of the body to It is remarkable while the ftomach Dennie amiformly hyppones Colowater to act and by a thinulating & not by a

= have proved this by injecting glysters of cold Water in which ice has been dipolued in the Dependent with Lafety Ofrices. see De Rosa.

a ledative power in the line of finess. It this be the case, why does he ascribe the morbid effects of the Cold water to the taken into the stornach to the body being in a flate of debility from fatigue. To Cold be Stimulating, it ought to do most good in this state of the flags term. But This is but One of several coross into which the Dro Theory of the Strandating power of Cold water has led him. It is only by a belief in its sedative action that we can explain all its phonomana as applicable to the humanbody, or that we can employ it with Safetyle Lucy in Discases, Sparticularly in fevers. But to return - having rigited the use of hot & cold water in fiven of great morbid



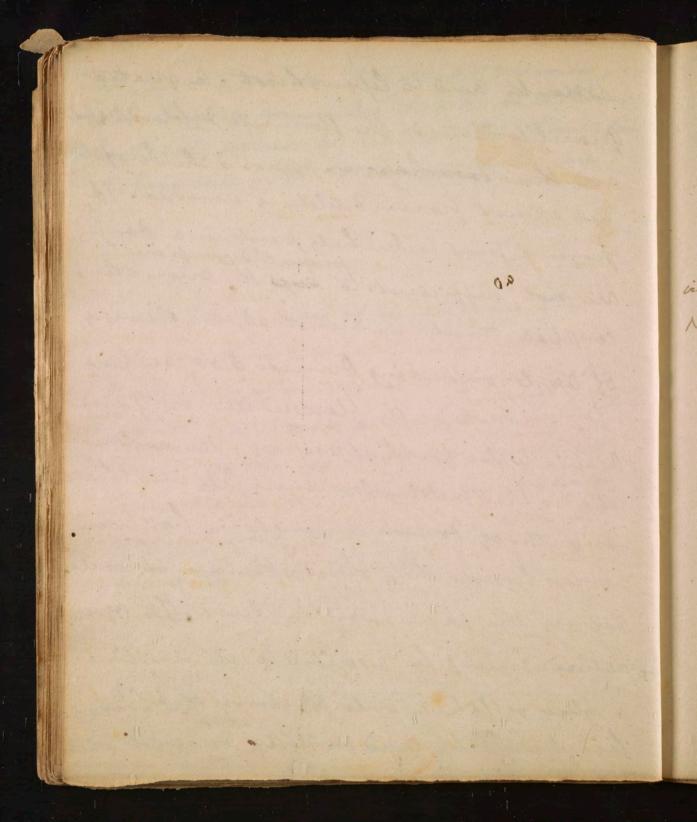
action, I proud to remark that topid water, that is water between 86, and 960 Degrees of temperature thouse alone betaten in them. It allays thirst best in a topid. flate. This has been moved by the experience of labourers in the hottest weather in our Country. It has been proved anove tutisfactory by a number of failors who were put to an a day a day hear allow ance of water. a print previously hear - to by a vertical Sun tatisfied them for mine days Darishs taken in this topid flate besides washing arimony out of the body Counteract the tendency of the febrile action to energe the vital or animal properties of the blood - they serve further to lepen its greantily, and to obviate its landency to papinto the serves prepels, and thus to

V then where there is interest thirst. The thinst in this case has justably been found - lid existerment and thereby preventing its being thrown upon parts non chartiel to the life than the James That V Revollent that I have considered thirst as a Viscase, and as such, it fines abstracts disease from to the brain and other parts more espential to life than the formers. Too In this expects it Dets like a fabrication, or a merenial angina. That this is the case, I infor from the absence of thirst being a bud lign in enalignment fevers, and the eistmention of it after its absence always favorisable. The practice of withholding drinks in violent fres did not originate with sparish

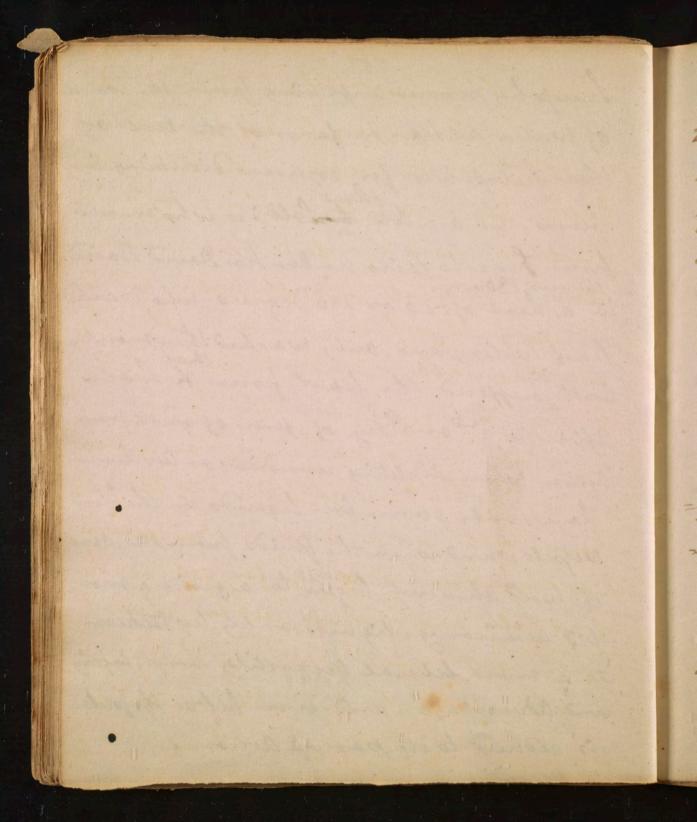
Inwent its being converted into membrane, and Custly they lepon the heat of the body & promote the action of the absorbents. There has been a good deal of courts ? - very legrow the Subject of the greantity of Thirds on minhs that was though be to. - here in fevers. This question can only be duided by unmering the name of fever and regulating our grantice by its late or grade. The Spanish physicians De Clighon letts as interded the Use of liquids of all kinds in the beginning of fevers, This practice lower hat moderated, is comet. no more thout be taken in Jeven of great morbid action weather in this first Itage than is barrely hefficient to keep up a Constant moislace in the blugsicians, was in the Island of minosea. Celous long ago remarked "that he that drinks last, for last, will sownest be relived of his thirst, for the fore will by this means growest be cared."

vand I have heard of its allaying the caterine thirst which takes place in the the Diabetes when suffice to dispolve in the month. The more powerful of the fath, overcourse the lip powerful I timulus form the discuss of thirst, and perhaps from the discuss of thirst, and perhaps selives fresther by inviting a flow of latin a into the Impath.

month and to lepenthist. a quater quantily distinds the thomach & blood reply and thus Descharing opposes the benefits we expect from Depleting remedies. Itfrom a print to their half pints in a days
are not sufficient to keeps the month, & to abote thist, we must advise thing of apples or sucking branges, or washing the month with flaxioned the , or quen arabir water for that purpose. Vans wester tells us that putting common falt into the monthes of domestic animals in hot Coun. - tries aprens this thist, Perhaps to world but in the same way in fivers. Its open ration empt be ascribed to its inviting a flow of lative into the months Chuing lead hees been used for their propose with



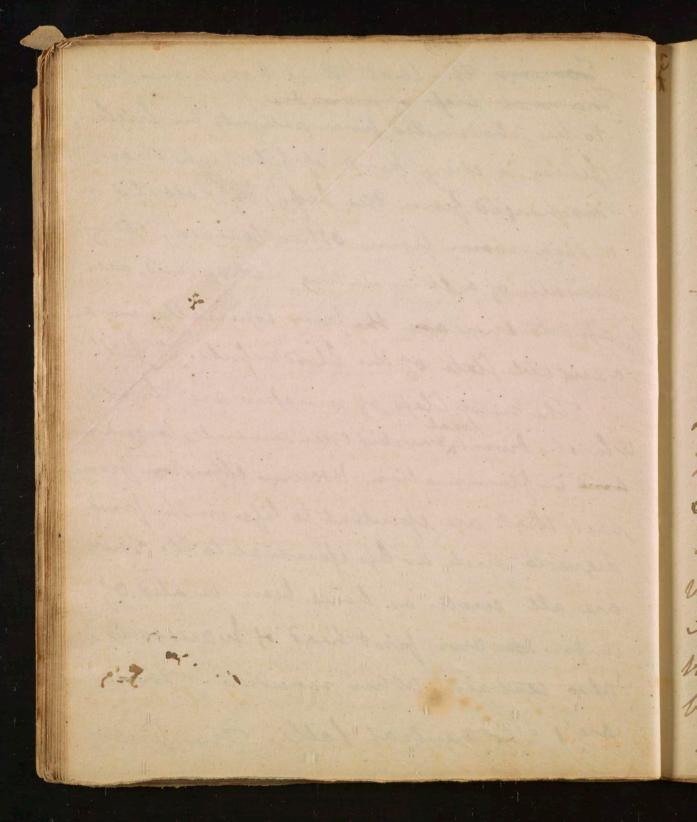
Surely by persons suffering from the want of water at Sea. In favor of the use of these Substitutes for comions drinking in fevers, we are toto the foldiers who muchio from heer to Chiro under his David Baird in the year, 1804. least water, and only washed their mouths with heffered the least from the heat " after the 2 and on 3 day of fivers of great morbid action when depleting remedies 1 or allotimence have made covin for liquids in the blood respels, and when the fluids from the want of fresh abinent begin to arguin a more - bid aminony, liquids may be taken in a more liberal quantity with fafity and advantage, and even before the public is reduced to its par of action.



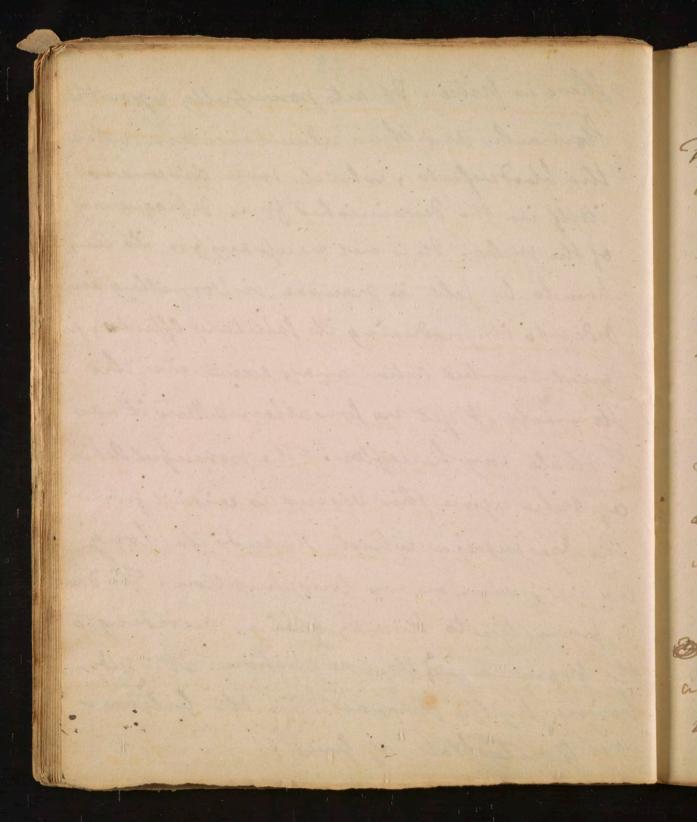
Upon this beliget I have only to all, that as it is ampany to lets refuse Drinks in the beginning of bevers though called for by the most intense thirst, so it is equally neepary to enforce this use when they are indicated, though not required or called for by thirst, and even when they are Disagreeable to orreportients. This Direction is founded upon the ignorance or Derangement of nature in varely pro--portioning her desire for liquids to thees. rigences of the system in fines. The forces like any other part of The fames partake of her folly and madness, and love their the rigular and useful exercise of their function in determining the quantity of liquids mussay for our Lypport thealth.

and and a second a and the lapter with the present the separate labelle V be derived from the esternal alwayshere, and it cannot be cometed, the palient Thous be removed from it. the same of the sa The same of the sa 

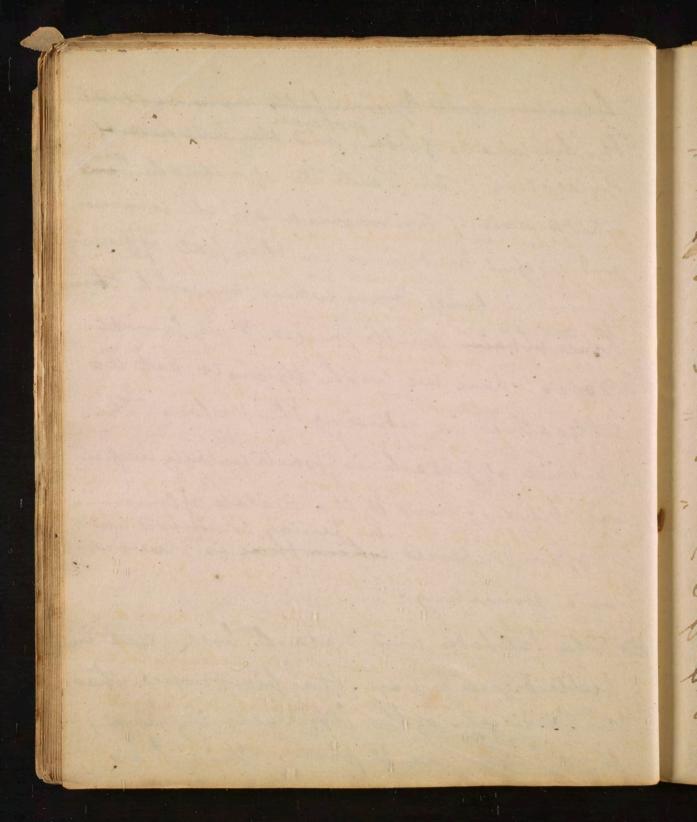
The west blage of mercities to be abstracted from patients in high fevers is every kind of bilth whether Discharged from the body, or collected in a dich rown from Other Carises. They are all of a thin whating nature, and are ant to encuase the fiver especially in an excitable flate of the bloodrefuls. It filth The reset Class of remedies are those which divert morbid excitement, Congestion and inflummation, Eserones effresione from parts that are epential to life in the prist deque to such as les espential to it. They are all much as have been treated of under the over frist head of wallants, also certain other resudies. These are I The neutral falts. The finterof



these is litre. It acts powerfully exposethe Hornach, and thus refues excitements the bloodvefsels, which lown discovers itself in the deminished force & praquency of the pube. It is not mulpary for its are -tour to be felt in nausea or bouriting en order to its producing its labetury effects, for great envolved action may exist in the Homach, & yet no horsation alterdit, as I shall say hereafter. The proverful action of with upon this viscus is evident from the Drys prepria which sucuds its long his in pulmonery Consumption. Ho done is from ten to twenty grains according to the fuguency of its exhibition. It is seldom borne by the flowach in the bilions or gouty States of fever.



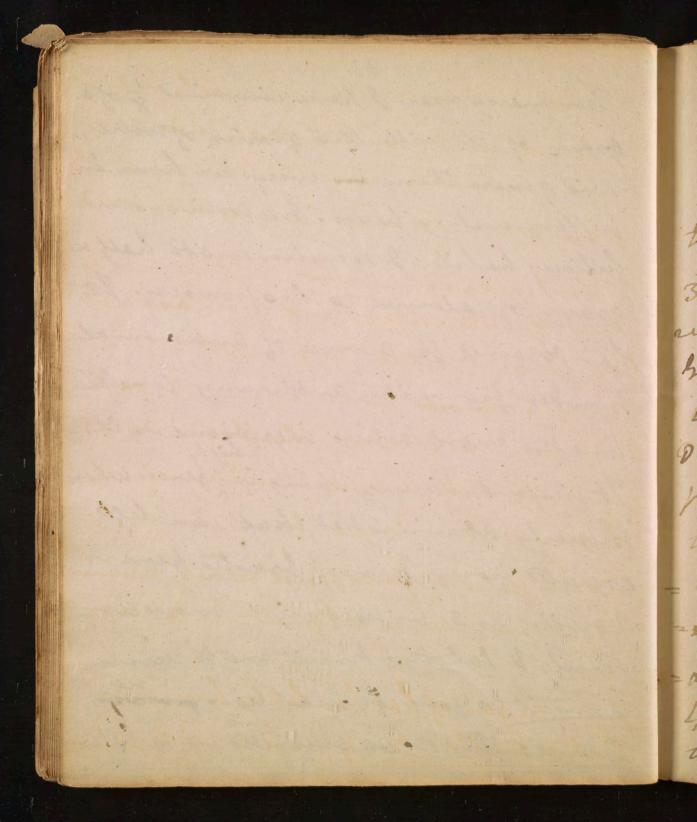
The helphates of lodge, and the helphate of magnine, The Tastrite of potush and the acotate of ansmorria are all common and inseful mudicines in this flate of fewers, given in large dones when we wish them to act as quitte proges, I in frall Doses when we wish them to art as alteratives in whising the pulse. The Tartrite of potach is particularly useful is often preferred where there is wours is or a couriting. The fulfode and protosh both actin a feeble degree upon the blood rupels this the medium of the Stormach in reducing thus pregnency & force. This has



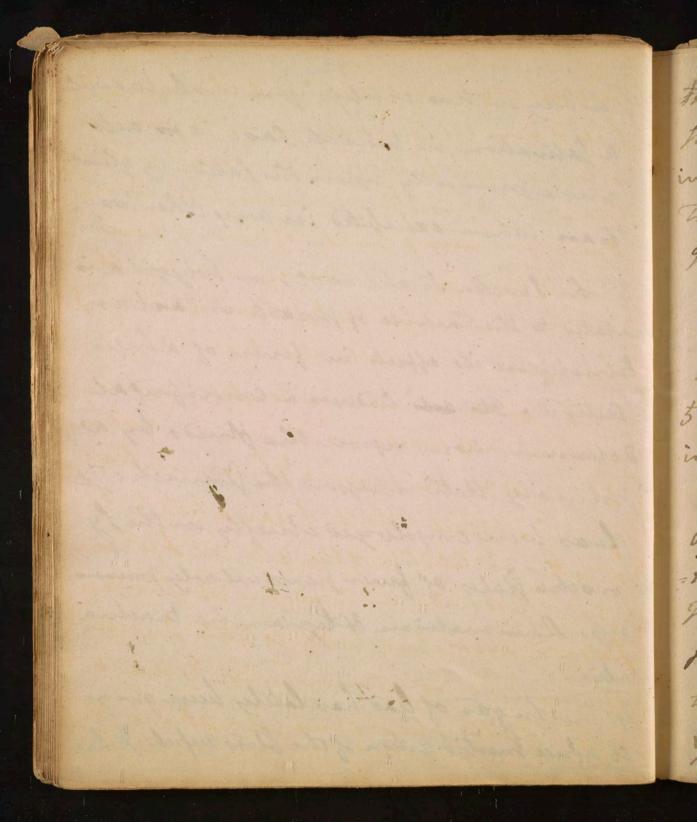
been proved by ess a number of experiments made by D'Elijah Griffetts of this city. I Certain preparations of antimory. These are rumerous as you will perceive by consulting Dispunsatories Ithe writers upon the malitia medica. I have constartly preferred farter Smetie to them all, as hing most certain & most man , nagrable in its operation. It Determines pourefully to the Phin, that is, tends to equalize the Deranged Ortions of the bloodrepels when it exites a nancea, but there is good reason to believe that like withe it has that effect without exiting any fensation in the formach.

and a companion of the second water and the same and the same of the sam aging the headers have a file of the same Maria and a same of all 

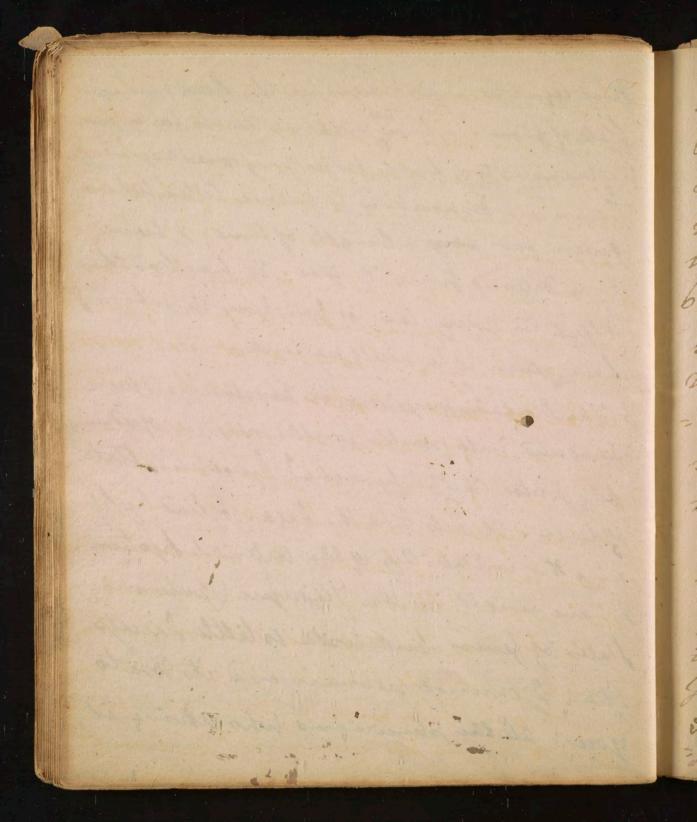
Tronmany years I have combined of of a grain of it with ten grains of withe, and given them in wing two hours in influmenatory fives. In costice, and hibious habits, I sometimes and half a grain of Calonel to this promber. It has Obtained the name of antisarounal powder from the antimony Constitu ting the enost active ingredient in it. It performs every thing in from when mornely atministred, that can be expected from James; boasted fever powder and with mich more as: -tainty & Popety. Pennit me to recom = Calonel Should be corrilled in it after



a day or two unless you wish to exite a fabruation in which case it is acto more prompetty upon the falioury ylands than when exhibited in any other way. 3 The Seneka Inahe wot, or Polygula is arlated to the Tartite of polash or tantar hundre in its affects in fevers of a high aution. Its asto indues a centrifugal O closmen ations reprom the Huis, by a primary action upon the Stomach. It thas been employed chiefly in the Sy-= or ochen stales of fruer particularly premone. any, Rhumatism Hypanehe trachia. 4 The lugar of has has lately been given to udues morbid action of the blood vepels. It has



that effect to a great degree in the homomhagie Hote of Junes . I Easy welling in its favor in infloweratory fivers from my own capuiane trove its disposition to induce Colis When given for any a length of time, I have been determed from its lese. It has had that effect in every case of znikesony in which & have given it to adult patients. 5 The Digitalis preysuera, or hoxglore has been introduced into practice for the prespose of adming the preloc in the hymochulaflates of lever. It acts like the hegar of had by lip = ning the initatiolity of the artical hystern. I have und it in the Hydropie ofpulenonary flates of Jever, but with to little hurefp that I cannot revoumend its Use to you all the physicians who advise it,



limits its use to that State of Junes in while the pulse is full or tense . Inthen less the limet thouse be preferred asbring Inou safe and autain. It mover faits to do haven in a languid flate of the pulse. 6 The external application of hwest Dil has been annel Commented in frees of yout morbid action of fragethe caternal appolis extent oil of thouts he apphie by means of a feather, or with a quitte hand, for if be applied by friction, it in the He inflormatory Plate of fever it are. - wer fails to do haven, by enewsing the action of the blood supels, and impasting to the blood a centripetal determination. I think it probable that the friction which is used to the body with in order as it hap. Jused to corney the Ines usual mintment

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into the hysterie in the yellow from is glas. sally hustful. But there are other loss of Junes in which friction with bit does ham, and that is in the delicate flate of the Skin which takes place in the gangenous . or petechial flate of free. D? Prepret says in The bilions fines of upper Egypt it produced a general Echymosis upon the King and three did anischief. When applied in a gen - the manner I believe it has Done price. From the experiments of De Jackson of georgia it appears that it retrees the pulse, in Jose and frequency. Piso speaks of das a Common rimedy of the hypochus fortis of South america. It has letaly them used with hurefs in the plague in asia & africa. It was a Consmon remedy among the ancient ferro. - have me and

V for lowmon Use in a wrenty which is as yet unable to afford the business of mitiene . -

summer 20 by the apostle James in the new testament. It is too expensive & troublesome withe dipolois in Vinegas has been employed as a laternal usually in the yellow fever of the best Indies in its Lyono : thus is have und it with advantage in the aute State of Rhumatism. Puhaps it acts only by energing of the heat of the body by means of waporation. I light lightures around the extremition by the enspending the return of Venous blood to the Viscera, tends to lipen the excilement the their blood respets, and thus to dispose there to resurve thier healthy actions. & Intall of vienna advises the nevention of thep as the means of lipning great morbid action. This words are no one knows how much required ustraining a

V It produces this effect more certainly I promptly than any other remedy. It thould not be continued too long, when imouly protracted, it becomes exquisitely painful and historing. It was one of the modes employed by the government of France to compel the protestants to mounes this religion, and it is taid it produced more aportates than any Other Enode of tostere.

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patient from flup in a high fiver, & how much Wakefulness weakens or high fiver & mevents a Delirium. 11 wol 14 Rat: 2mdendi / 109, Jame. disposed to think highly of this remety from having often Diserved the effects of theys improdue - ung or enewasing delision. It is moreous calculated to dispipate excitability, & thus to re-- Inve the morbid existement of the blood before, with There gent: we finish our dut: of the Remodies for fiven of great morbid. action, in which I include the hypochus fortis, the hymocha-the hymochula-the Sypno: - choid, and the hymochres mitis flates of fiver.

